



SENIORS SOCIAL ISOLATION PEAK SERVICES PROGRAM

Seniors Social Isolation Provider Community of Practice (SSIP-COP)

AGENDA for Lunch & Learn No. 2, 2026

Date/time	Thursday 21 May 2026 (12.00 – 1.00pm)	
Theme	National Volunteering Week — <i>Supporting Healthy Ageing through Volunteering</i>	
Location	Join the Zoom Meeting Meeting ID: 886 0155 8536 Passcode: 719517	
Agenda Item	Times	Meeting Flow
		HOUSE KEEPING <ul style="list-style-type: none"> • Please add your name, organisation, program and contact details in the chat for attendance recording. • Do not share organisational contact details more widely. • Keep your microphone on mute to reduce background noise. • This meeting will be recorded and shared with the SSI Network. Feel free to turn your camera off.
1	12.00pm – 12.10pm	WELCOME AND INTRODUCTIONS
1.1		Acknowledgement of Country
1.2		Why are we here today?
1.3		Check in – who is here today? Please let us know who's joining us and where you're joining from in the chat (details as per housekeeping).
2	12.10pm – 12.55pm	GUEST SPEAKERS
2.1	12.10pm – 12.25pm	<ul style="list-style-type: none"> • Anita Cromb, Walking Program Officer QLD, Heart Foundation (10 mins) • Q&A (5 mins)
2.2	12.25pm – 12.40pm	<ul style="list-style-type: none"> • Karmen Howard, Program Officer, Ipswich Thriving Seniors - Y Queensland (10 Mins) • Q&A (5 mins)
2.3	12.40pm – 12.55pm	<ul style="list-style-type: none"> • Kelly Phelan, Volunteer Coordinator, Little Dreamers (10 mins) • Q&A (5 mins)
3	12.55pm – 1.00pm	SUMMARY
4	1.00pm	CLOSE & DATE OF NEXT MEETING

Please direct any queries to Karen at: karen.wilson@cotaql.org.au