



SENIORS SOCIAL ISOLATION PEAK SERVICES PROGRAM

Seniors Social Isolation Provider Newsletter — April 2026

Welcome



Welcome to the April edition of your newsletter! Supporting older people to stay socially connected remains at the heart of our work. We're excited to share these updates with you. Inside, you'll find insights, ideas, and resources to help strengthen your services and continue delivering meaningful, community-focused programs.

Inside This Edition

- Program Updates
- Stories from our Communities
- Latest News
- Learning & Development
- Funding Opportunities
- Resources & Support
- Events and Key Dates
- Share a Good News Story
- Connect With Us

We encourage you to explore the sections and discover the updates, ideas, and resources available to support your work.

Program updates



Launch of the New SSIP Hub

We are delighted to announce the launch of the new Seniors Social Isolation Provider (SSIP) Hub! The Hub is a supportive online community where Seniors Social Isolation Providers can connect with peers, access resources and referral pathways, join discussion forums, and stay up-to-date on best practice, research, and guidance to strengthen sector collaboration.

We're committed to connection, inclusion, and cultural respect, supporting the wellbeing of older people, including First Nations older people and Elders.

A big thank you to everyone who helped test the SSIP Hub and to those who joined our demo session! We're excited to see the Hub taking shape and can't wait for you to start exploring it.

I'm currently preparing a **SSIP Hub Guide**, which will be shared in the next few weeks, alongside a pre-recorded online demo session for anyone who wants to learn more. Start diving in, explore the resources, and see how the SSIP Hub can support your work in delivering meaningful, community-focused programs!

 [Click here to access the SSIP Hub](#) 

Insights from the Provider Survey

On 16 December 2025, we distributed a Needs and Opportunities Survey to all Queensland Government-funded Seniors Social Isolation Services via SurveyMonkey.

The aim of the survey was to:


- Provide deeper insight into programs and services currently being delivered
- Identify approaches and practices proving effective on the ground
- Highlight strengths, gaps, challenges, and opportunities

Key insights collected from 27 providers offered a valuable snapshot of the current SSI service landscape in Queensland, showcasing both the network's strengths and areas where additional support, resources, or collaboration could enhance outcomes. Key highlights included:

- Overview of Service Types
- Services, Activities and Communities Supported
- Barriers and Challenges
- Opportunities and Innovations
- Technology and Tools
- Challenges with Technology
- Capacity and Resource Needs
- Training Needs and
- Volunteer Engagement
- Networks and Collaborations
- Organisational Showcasing

The survey results have informed our workplan for 2026.

The report is available on the [SSIP Hub](#) under **Resource for Providers** → Reports & Key Insights → COTA Queensland Reports.

 [Download Survey Report \(pdf\)](#)

Visit to Ipswich Thriving Seniors



On Monday 30 March, Seniors Social Isolation Peak Executive Officer, Karen Wilson, visited the Ipswich Thriving Seniors program at the YMCA Springfield Lakes Community Centre. What an inspiring initiative. Originally launched through a Seniors Month grant, the program has grown into a vibrant hub offering something for everyone. From gentle exercise, Pilates and pickleball, to painting, book club, music jams and line dancing. There's a real sense of energy and inclusivity. Add in movies and mingle, bingo, a community garden and kitchen, plus affordable frozen meals (5 for \$15). It's clear this is about much more than activities, it's about connection. I also loved hearing about their involvement with the Heart Foundation Walking group, run by volunteers at the local shopping centre. A simple but powerful way to support both physical health and social connection. The highlight was chatting with some of the participants and hearing their stories of how the programs support them to age well, stay active, socially connected and feel part of a community. A big thank you to Karmen and Alison for such a warm welcome and for the incredible work you do!

International Women's Day 2026



On Saturday 7 March, Seniors Social Isolation Peak Services Program Executive Officer, Karen Wilson and Volunteer Champion Celsie Mead spoke at an IWD event in North Lakes, organised by former COTA Volunteer, Linda Danzer (front-left), supported by City of Moreton Bay Council. The session emphasised the value of storytelling to bridge the connection gap, reminding women they are not alone, and ensuring their voices are heard.

Over 30 women attended, many aged 60 and over, with participants from culturally and linguistically diverse communities. Celsie shared her inspiring story, reflecting on six years volunteering for COTA Queensland, and more recently, [Encircle Community Services](#). Celsie spoke about the importance of staying connected, how volunteering supports gender equity, and challenged perceptions of ageing.

The event featured music, sound healing, powerful storytelling and poetry from older women, including award-winning poet, Nancy. Weaving activities encouraged connection, while a young community member offered an intergenerational perspective on community-building. The day was a powerful reminder of the importance of listening, sharing, and elevating women's voices, because every story has the power to create connection.

Stories from our Communities

Congratulations TOMNET

The Older Men's Network has been honoured with the 2026 Suicide Prevention Australia Queensland LiFE Award in the *Communities in Action* category for their long-standing contribution to community-led suicide prevention.

Older men remain a significant group at risk of suicide in Australia, with men accounting for about 76.5% of all suicide deaths (2,529 male deaths in 2024), and men aged 65 and over representing nearly 20% of male suicides, highlighting the ongoing importance of community connection and support for older men.

Presented by Suicide Prevention Australia, the LiFE (Living is for Everyone) Awards celebrate outstanding initiatives across the country that strengthen communities and support people experiencing vulnerability, isolation, and mental health challenges.

For more than 25 years, TOMNET has supported older men to reconnect with their communities through peer support, volunteering, mentoring, and engagement. They provide safe spaces for men to share life's challenges, navigate change and social isolation. The award recognises the dedication of the Management Committee, members, volunteers, and community partners who work tirelessly to support older men and build stronger, more connected communities. TOMNET will now be considered for the National LiFE Awards, with national winners to be announced at the National Suicide Prevention Conference in Sydney on 29 April.

[For more information click here.](#)

My Story: Connection & Community

On Tuesday 31 March 2026, I joined Raise it for Redcliffe Hospital supporters, community partners, hospital staff and guests, to celebrate the official opening of the newly refurbished lounge, garden courtyard and children's play area within the Redcliffe Hospital Palliative Care Unit.



These spaces exist because of the generosity of community and are a powerful reminder of what is possible when people come together with shared purpose and care. I felt privileged to be invited to share my lived experience as a family member, and my motivation for giving back, including to honour my father's memory and a close friend who recently received care there.

It was also an opportunity to reflect on the power of community connection. As I shared on the day: *"When a community comes together, through kindness, generosity, or simply showing up, incredible things become possible"*.

To read more visit: [A daughter's legacy: Redcliffe Hospital unveils transformed Palliative Care Unit](#)

Latest News

Community of Practice Schedule 2026

The Seniors Social Isolation Provider Community of Practice (SSIP-CoP) connects Queensland Government-funded Seniors Social Isolation Services to share expertise, strengthen capability, and improve outcomes for older people.

Bi-monthly Zoom meetings are held on the **third Wednesday of the month, 2–3 pm**, featuring invited speakers focused on sector priorities. Providers are also invited to share innovations, experiences, and best-practice approaches to foster sector-wide learning.

Additional sessions are offered throughout the year, mostly on **Thursdays, 12–1 pm** to accommodate varying working schedules. The **full schedule of 2026 meetings** are available on the [SSIP Hub](#) under Resources for Providers → Community of Practice.

Join us for CoP2: Reporting 101

Join us on **Wednesday 15 April (2-3pm)** where Jo McKelvey from the Department of Families, Seniors, Disability Services and Child Safety will provide a session on Reporting 101.

This session will be recorded, but the Department encourages all providers to join live and ask questions!

Previous Minutes & Recordings

A repository of all previous Minutes and Recordings of meetings from Nov 2024 to current are now available on the SSIP Hub under Resources for Providers → Community of Practice. Access them today!

 [Click here to access the SSIP Hub](#) 

Joint Statement - Advancing the Human Rights of Older Persons in Australia

FECCA has welcomed the release of the [Joint Statement on Advancing the Human Rights of Older Persons in Australia](#), endorsed by more than 20 organisations and individual advocates, and calls for a national Human Rights Act as a key mechanism to strengthen protections for older people in Australia.

For multicultural communities, this is particularly significant. Older people from culturally and linguistically diverse backgrounds often face additional barriers in accessing services, understanding their rights, navigating aged care and health systems, and ensuring their voices are heard in decisions that affect them.

A rights-based approach is essential to ensuring that dignity, autonomy, participation and cultural safety are embedded across ageing policy, aged care reform and service delivery.

Through co-signing this statement and [Vision 2030: Healthy Ageing in Multicultural Australia](#), FECCA continues to advocate for an aged care system that recognises diversity, addresses inequality, and supports older people and carers from multicultural backgrounds to age with dignity, belonging and respect.

FECCA also supports stronger national protections that improve accountability, challenge age-based discrimination, and ensure the lived experiences of diverse older Australians are reflected in policy and reform.

Support at Home Program Inquiry

[Community Affairs References Committee](#)

Date referred: 04 November 2025

Submissions close: 31 July 2026

Reporting date: 24 November 2026

Terms of Reference

The Support at Home Program, with reference to:

1. the ability for older Australians to access services to live safely and with dignity at home.
2. the impact of the co-payment contributions for independent services and everyday living services on the financial security and wellbeing of older Australians.
3. trends and impact of pricing mechanisms on consumers.
4. the adequacy of the financial hardship assistance for older Australians facing financial difficulty.
5. the impact on the residential aged care system, and hospitals.
6. the impact on older Australians transitioning from the Home Care Packages Program.
7. thin markets including those affected by geographic remoteness and population size.
8. the impact on First Nations communities, and culturally and linguistically diverse communities; and
9. any other related matters.

 [Learn more about the Inquiry here!](#)



Meals On Wheels 70th Anniversary

In 2026, Meals on Wheels Queensland celebrates 70 years of service, care, and connection. It's not just about meals, it's about the stories, laughter, and connections shared along the way.

To mark this milestone, they are creating a special commemorative publication and invite volunteers, clients, families, staff, and the community to share their stories, memories, and meaningful recipes.

Be part of this celebration and help capture the moments that make Meals on Wheels so special!

 **Share Your Story**

[70th Anniversary Publication | Meals on Wheels™](#)

Fuel Costs & Transport Pressures



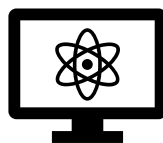
Rising fuel prices are increasing cost-of-living pressures for older Queenslanders, particularly those in outer suburban and regional areas with limited access to public transport. These rising costs also impact taxis, community transport, and delivered services, adding to everyday expenses.

While concessions and discounts are available for eligible seniors, access to frequent and reliable public transport remains more limited in regional and rural areas compared with South East Queensland.

For more information, visit the [SSIP Hub](#) under **Resources for Providers**, where we've added additional "Transport & Mobility" related resources.

Learning & Development

Learning & Development Opportunities



The new SSIP Hub is your one-stop destination for all things learning and development. Designed with providers in mind, it brings together a range of resources to help you stay informed, connected, and skilled. Whether you're exploring new tools, brushing up on sector knowledge, or looking for practical guidance.

Under **Resources for Providers**, you'll find a variety of Learning and Development opportunities tailored to your needs:

- **Online Self-Paced Learning** – Explore topics at your own speed, anytime, anywhere.
- **Podcasts** – Listen to expert insights, sector stories, and thought-provoking discussions.
- **Training Sessions** – Join structured sessions to develop practical skills and knowledge.
- **Webinars** – Participate in live or recorded webinars covering key trends, updates, and best practices.

The SSIP Hub makes it easier than ever to access resources, deepen your expertise, and stay connected with the latest sector developments, all in one convenient place.

Access them today!

 [Learning & Development](#) 

Volunteering Workshop 26 March

On Thursday 26 March, we partnered with Volunteering Queensland to deliver an interactive workshop for SSI providers. This was a hybrid session, with World Wellness Group joining us in-person, and others participating online. Due to technical issues the session recording was not captured. Detailed notes are on the [SSIP Hub](#) under Resources for Providers → Learning & Development → Training Sessions.

Share Your Feedback!

If you attended, please take a few minutes to complete the online Survey.

[Volunteer Session Feedback Form](#)

Missed the session? Don't worry, VQ are offering 2 additional sessions:

- **Thursday 23rd April** (10:30am-1pm)
In-person at VQ, Level 12/127 Creek Street, Brisbane City QLD 4000
Light catering provided
- **Thursday 14 May** (10:30am-1:00pm)
Online Via zoom

 **Interested?** Contact Kristie McKean, Community Project Officer, Volunteering Queensland. T. 07 2145 8545
E. Kristie.McKean@volunteeringqld.org.au

Volunteer Involvement Lifecycle modules

Available online to help you build capability, strengthen inclusive practice, and create more meaningful volunteering opportunities for older Queenslanders and intergenerational communities.

Find out more and get involved:

<https://volunteeringqld.org.au/vio-resources/>

Mental Health Essentials Training

Date: Monday 11 May

Time: 2:00pm – 3:00pm

Location: Online (via Zoom – *dial in details provider nearer the time*)

Delivered by [Nic Bloom Pty Ltd](#)

- Fully funded by COTA Queensland (no cost to participants)
- Session identified as a priority through the Provider Survey

Aims of the Session

Provide practical guidance to help participants recognise and respond to mental health challenges in a safe, respectful, and culturally inclusive way. It also supports setting healthy boundaries and maintaining personal wellbeing in the workplace.

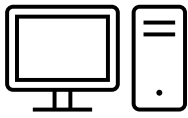


This session will not be recorded, to support a safe and comfortable environment where participants can ask questions and contribute openly.

All participants *must* register via the Survey Monkey link below:

[Register for this session here](#)

Building connected communities where older adults thrive webinar



This panel featured Relationships Australia's national and Queensland offices, with Nick Tebbey, Sam Robinson, and Ben

O'Rourke. The webinar, *Building Connected Communities Where Older Adults Thrive*, explored how loneliness among older adults is a serious risk factor for elder abuse and poor health outcomes and practical ways to address it.

From neighbourhood initiatives like Neighbours Every Day to one-on-one support programs, the session highlighted evidence-based approaches that help older people stay safe, valued, and connected.

 [View the recording here](#)

Questions? Contact info@eaaa.org.au

QCOSS Community Door — New Online Learning


Introducing **Community Door eLearning**: a brand-new, interactive, self-paced learning platform designed to build skills, confidence, and career pathways for community service workers.

Developed with input from sector leaders and early-career workers across Queensland, the courses focus on what matters most: **wellbeing, workplace culture, understanding the sector, and essential interpersonal skills.**

Start building your skills today and help shape the future of community services.

 [Dive into Community Door E-learning](#)

Free Webinar: AI: What's Next for You and Your Organisation

AI is moving fast. This practical session cuts through the noise and focuses on what matters for you as a professional, and as part of a care organisation figuring out how to adopt AI responsibly. We'll cover where AI is now, where it's heading, and how to take practical next steps at both a personal and organisational level. Expect an honest conversation about what works, what doesn't, and how to move forward with confidence. Session will include time for questions. **Date: 23 April 2026** (12pm-1pm AEDT)  [Register for this webinar today.](#)

ECCQ – Free Webinar


Strategic Planning in a Time of Uncertainty

This practical webinar will unpack how to design and lead a strategic planning process that actually works. You will leave with a clearer understanding of how to involve the right people, gather the information you need, build agreement on priorities and turn it all into a strategic plan that guides decisions.

 **Wednesday 15 April 2026**

 10:30 AM to 12:30 PM (AEST)

 Online via Zoom

 Facilitated by Gigi Lacey, Director of Instinct Organisational Development.

Read more [in this resource from the Aged Care Quality and Safety Commission](#), and join the upcoming webinar to explore practical approaches, ask questions, and strengthen your organisation's planning process.

Note! This resources relates to age care settings but may provide learnings in community settings.

Dementia Australia Free Online Education Program

Dementia Australia is delivering the following free online education program during April:

Wed 8, 15, 22, 29 April & 6 May (9.30am – 12pm): Mild Cognitive Impairment: Thinking Ahead (5 Sessions)

<https://www.dementia.org.au/events/mild-cognitive-impairment-thinking-ahead-36>

Thurs 9, 16, 23 & 30 April (9.30am – 3pm): Living with Dementia (4 Sessions)

<https://www.dementia.org.au/events/living-dementia-program-34>

Thurs 9 & 16 April (10am – 12pm): Creating a Dementia Friendly Home (2 Sessions)

<https://www.dementia.org.au/events/creating-dementia-friendly-home-22>

Wed 15, 22 29 April & 6 May (10am – 12pm): Dementia and Your Caring Role

<https://www.dementia.org.au/events/dementia-and-your-caring-role-27>

Thurs 23 April (9am – 12pm):

Understanding Younger Onset Dementia (One Session)

<https://www.dementia.org.au/events/understanding-younger-onset-dementia-20>

See also: [Dementia Learning Hub | Dementia Australia](#)

Funding Opportunities

Unlock funding opportunities via the SSIP Hub

Finding the right funding can be a challenge, but the SSIP Hub makes it easy. Our Grants & Funding section brings together the latest opportunities across Queensland and Australia, helping you access the resources your organisation needs to grow and thrive.

From statewide grants to local council funding, the Hub keeps you up to date with programs that support projects, initiatives, and services in your community. Whether you're looking to expand your team, launch a new program, or strengthen existing services, the Hub points you to the right opportunities. Key resources include:

- **Grants across Queensland & Australia**
Find funding for your programs through QCOSS Grants and other key resources like GrantConnect, QLD Grants Finder, FRRR, Seniors Month, and Indigenous Councils Funding.
- **Local Council Grants** – Find funding tailored to your local area, supporting initiatives that make a real difference where you work.

Stay informed, plan ahead, and take advantage of funding opportunities to make a bigger impact.

Visit the [SSIP Hub](#) and explore Grants & Funding opportunities under the Resources for Providers section.












 [Grants & Funding](#) 



Resources & Support

SSIP Hub Resources for Providers

The SSIP Hub is your one-stop shop for tools, guidance, and specialist resources to help reduce social isolation and strengthen connections. Key Resource Areas:

-  **Carer Supports** – Resources for supporting carers in their role.
-  **Cultural Safety & Inclusion** – Resources, guidance and referral sources.
-  **Connection & Belonging** – Campaigns, initiatives and social connection initiatives.
-  **Digital Inclusion** – Tools and tips to help access technology effectively.
-  **Disability Supports** – Resources to strengthen services for people with disability.
-  **Health & Wellbeing** – Mental, physical, and emotional wellbeing.
-  **Housing & Homelessness** – Links to services for safe, secure housing.
-  **Safety, Legal & Financial** – Support navigating legal, financial, and safety.
-  **Service Navigation & Access Support** – Help to connect clients with the right services.
-  **Specialist Support Services** – Links to targeted programs and specialist expertise.
-  **Transport & Mobility** – enhance access and affordability of transport and mobility services.

Your Hub for delivering better outcomes for older Queenslanders!

 [Navigate the Resource Library](#) today!

TOMNET Implement New CRM Database



At the February Community of Practice, Shannon Wade and Anthony Hegarty from The Older Men's Network

(TOMNET), were guest speakers, sharing key insights, lessons learned, challenges and successes from implementing a new Customer Relationship Management (CRM) Database (ChilliDB).

ChilliDB aimed to centralise participant and program data, reduce reliance on multiple spreadsheets, improve reporting accuracy, strengthen compliance, and support organisational growth.

Challenges included evaluating suitable platforms, training staff with varying technical skills, complex data migration, and customising reporting functionality. Despite these challenges, the CRM has already delivered significant benefits, including real-time tracking of participant demographics and referrals, centralised records, event management, stronger governance oversight, and evidence-informed decision making, providing a robust platform for future growth.

Thank you to Shannon and Anthony for sharing their valuable insights.

Curious? Want to learn more?

Visit the [SSIP Hub](#).

You'll find it under **Resources for Providers** → Community of Practice → 2026 Minutes & Recordings.

 [Download Case Study here \(pdf\)](#)

Introducing Aspire Clubhouse

Aspire Clubhouse has launched nationally to support adults on the autism spectrum (18+) who may experience social isolation or face barriers to in-person programs.

This **low-cost, online program** offers structured activities focused on community participation, skill development, and employment pathways, providing a flexible option for those impacted by distance or transport challenges.

Designed to complement local services, Aspire Clubhouse helps expand opportunities beyond place-based programs and formal education, creating new pathways for connection and engagement.

Providers and councils are encouraged to share this free resource within directories, newsletters, and referral pathways.

Learn more:

www.aspireclubhouse.com.au

Seniors Concessions

The Queensland Government have a central hub for finding concessions and rebates designed to help ease cost-of-living pressures for eligible residents. It brings together a wide range of support options, including energy bill relief, property rate subsidies, medical and disability assistance, transport discounts, and education-related concessions, making it easier for Queenslanders to identify what they may be entitled to and access relevant information or application pathways

Visit their [website](#) to learn more or call [13 QGOV \(13 74 68\)](tel:137468) to find out more.

Hidden Disabilities (Sunflower)



What is the hidden disabilities sunflower?

Some disabilities, conditions or chronic illnesses are not immediately obvious to others. For some people, this can make it hard to understand and believe that someone, with a “non-visible” condition genuinely needs support. Some people question whether you have a disability because you don’t look like you have a disability. That is why we created the Hidden Disabilities Sunflower, to encourage inclusivity, acceptance and understanding.

It is a simple tool for you to share that you have a hidden disability voluntarily. Simply by wearing the Sunflower, you’re just letting everyone know that you might need extra help, understanding, or just more time.

The Hidden Disabilities Sunflower is here every day of the year to support people living with non-visible disabilities in their communities by raising awareness, training businesses and sharing stories to help create a more inclusive, understanding society.

 Visit the [Hidden Disabilities Website](#) for more information



Social Isolation Prevention Peak Website

Council on the Ageing Queensland (COTA QLD) has established the Social Isolation Prevention Peak, a statewide initiative supporting older Queenslanders to stay socially connected and engaged in their communities.

The Peak brings together funded organisations across the state to strengthen collaboration, share knowledge, and improve local responses to social isolation. It focuses on building stronger community connections, supporting innovation, and ensuring older people have meaningful opportunities to participate and belong.

A key priority is amplifying the voices and lived experiences of older people to inform service design and policy, ensuring supports reflect what matters most to communities.

It also highlights and shares learning from funded programs across Queensland that are supporting connection in diverse communities. By showcasing innovative, place-based approaches, the Peak helps strengthen collaboration and grow effective, community-led responses to social isolation.

For more information, visit the [COTA QLD Social Isolation Prevention Peak website](#).

Scroll down the page to explore Organisational Showcases.

Do you have a story to share?

Contact Karen Wilson, Executive Officer, Seniors Social Isolation Peak Services Program at: karen.wilson@cotaqld.org.au

Events & Key Dates


Seniors Expos Calendar 2026

- Friday 5 June – Hervey Bay
- Thursday 9 July – Mackay
- Tuesday 4 August – Townsville
- Friday 28 August – Mareeba
- Thursday 10 September – Rockhampton
- Friday 18 September - Gatton & Laidley
- Friday 9 October – Stanthorpe
- Thursday 22 October – Bribie Island
- Thursday 12 November – Carina
- Thursday 26 November – Capalaba
- Tuesday 8 December - Kingaroy

Seniors Savings Pop-up

- Wed 15 April – Wynnum
- Friday 17 April – Yamanto
- Tuesday 19 May – Mt Isa
- Wednesday 20 May – Julie Creek
- Thursday 21 May – Hughenden
- Friday 22 May – Charters Towers
- Wednesday 3 June – Maryborough
- Thursday 4 June – Childers
- Friday 3 July – Bundaberg
- Wednesday 5 August – Townsville
- Thursday 6 August – Townsville
- Friday 7 August – Townsville
- Thursday 27 August – Cairns
- Tuesday 8 September – Barcaldine
- Wednesday 9 September – Emerald
- Friday 11 September – Yeppoon
- Monday 23 November – Goondiwindi
- Tuesday 24 November – Dalby
- Wednesday 25 November – Roma

For further information you can contact: seniorsengagement@families.qld.gov.au

 See also the [Seniors Expos Calendar](#)



National Healthy Ageing Day

6 May 2026

Australia is ageing and how we respond matters. On 6 May 2026, iLA will launch Australia's first **National Healthy Ageing Day**, bringing communities, workplaces and organisations together around a shared message: *Healthy ageing is about living well, not just living longer.*

Guided by the theme “*Keep doing what matters*”, the day promotes practical, strengths-based approaches that help people stay independent, connected and engaged throughout life.

You can help by:

- Challenging outdated stereotypes about ageing
- Promoting positive, preventative health approaches
- Encouraging participation, connection, and everyday capability

Get involved:

- Promote the day via your website, newsletters, or social channels
- Encourage staff, volunteers, and community members to take healthy ageing actions
- Use free ready-to-go resources like social media content, posters, eDM copy, and activity ideas

🔗 **Explore resources and join in:**
had.org.au

Don't forget to tag your efforts on socials!
#NationalHealthyAgeingDay #NHAD
#KeepDoingWhatMatters #healthyageing

QCOSS Town Halls

Each year, QCOSS hosts Town Halls to hear from the community services sector. Share your insights, connect with peers, and help shape advocacy to strengthen our sector.

- 9 April – Rockhampton
- 16 April – Logan
- 23 April – Gladstone
- 1 May – Mt Isa
- 7 May – Townsville
- 15 May – Mackay
- 21 May – Gympie
- 29 May – Cairns

Learn more at: [Events - QCOSS](#)

Share a Good News Story!

We love highlighting the amazing work happening in our communities! If you have a success story, achievement, or inspiring moment from your seniors social isolation services, we'd love to feature it in our newsletter, website, and social media. Send us your story, photos, or highlights and help spread the positivity.

Connect With Us

Have questions or ideas? We'd love to hear from you! Reach out and let us know how we can help.

Karen Wilson, Executive Officer
Queensland Seniors Social Isolation Peak
Services Program
Part-time (Monday – Thursday)

Council on the Ageing Queensland

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