



## Age Well Stay Connected (Townsville) Event 3/9/25

### World Café Conversation on Supporting Older Men to Stay Connected

Key Themes	Participant Examples
How to Engage	<ul style="list-style-type: none"><li>• Word of mouth, personal introductions, friends</li><li>• Local markets and trusted informal networks</li></ul>
What Activities	<ul style="list-style-type: none"><li>• Hands-on, social or task-focussed activities</li><li>• Playing cards</li><li>• Men's Shed projects</li><li>• Sharing food</li></ul>
Where to Connect	<ul style="list-style-type: none"><li>• Men's Shed Townsville</li><li>• Other welcoming trusted community spaces</li></ul>

**Ideas generated** to inform future initiatives and collaboration included:

- **Expanded engagement pathways for men:** Creating informal and trusted ways for men to participate in community activities.
- **Hands-on and interest-based activities:** Offering social and practical activities that encourage participation and connection.
- **Support for Men's Sheds and similar spaces:** Promoting safe, community-based environments where men can build relationships and stay socially connected.