

SSI-Network: Online Lunch & Learn
Loneliness Awareness Week 2025 Edition
Thursday 7 August (12:00pm – 1:00pm) via Zoom

Council on the Ageing
Queensland

[Join Zoom Meeting](#) | Meeting ID 852 8203 4729 | Password 953845

The Heart of Community: Older Volunteers and Everyday Connectors

Join us for a relaxed and meaningful **Lunch & Learn** during Loneliness Awareness Week 2025. Grab your favourite cuppa, relax and learn how older volunteers and community connectors are making a real difference in reducing loneliness and helping their peers stay connected.

Hear real stories from an older volunteer and community connector about the friendships they've made, the people they've helped, and the difference it's made in their lives.

Joined by Volunteering Queensland, we'll learn about their Seniors Volunteering initiative and Volunteer Ambassador Program, and discuss practical ways to better recognise, support and grow volunteering in our communities, including attracting and engaging more volunteers.

PROPOSED TIME	ITEM NO	AGENDA ITEM	PERSON RESPONSIBLE
12.00pm (5 mins)	1	Welcome and Acknowledgements	Karen Wilson
12.05pm (5 mins)	2	Purpose of the Session	Karen Wilson
12.10pm (10 mins)	3	Reflections from a Volunteer Champion <ul style="list-style-type: none"> ○ Celsie's Story 	Celsie Mead Volunteer Champion COTA Queensland
12.20PM (10 mins)	4	The Power of Community Connectors <ul style="list-style-type: none"> ○ Chris's Story 	Chris Gemmell, Founding Member, Blokes Book Club (City of Moreton Bay)
12.30PM (10 mins)	5	Q&A	All
12.40pm (15 mins)	6	Seniors Volunteering and Volunteer Ambassador Program	Kristie McKean, Volunteering Queensland
12.55pm (5 mins)	7	Q&A	All
1.00pm	8	Thank You and Close	Karen Wilson

Please direct any questions or queries about this Agenda to:

Karen Wilson, Executive Officer, Seniors Social Isolation Peak Services Program,
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